

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

September 30th 2021

QRWC Trophy Day & a medal winning lunch

It was the day that everyone looks forward to all season and such an enjoyable and convivial gathering it turned out to be. The weather stayed fine and the food was outstanding (including a delicious chicken curry, mouth watering tender eye fillet, cheesecake, ice-cream & strawberries) . Lots of laughs and plenty of chatter. We talked about a whole host of subjects but barely anything to do with race walking for a change. The girls took over the pool table and some brave soles tested out the swimming pool.

An amazing effort in organising the day by a small dedicated team and a big thank you to everyone who came along to share the day. Special thank you to our gracious hosts Gladys & Iggy for their wonderful hospitality in opening up their home to us all. They made sure we were fed and entertained! Our co Patrons, Maxine and Pat, again excelled with the food and Noela did a super job organising the trophies and planning the day. We were very pleased and honoured to have Dane Bird-Smith (and baby daughter Astrid) at the lunch and to be the presenter of our awards. Dane started off by giving us all a run down on his life at present and what the future looks like with his race walking. Dane brought along his 2018 Commonwealth Games Gold medal and his bronze medal from the 2016 Rio Olympics which created some good photo opportunities. Thank you, Dane, for your continued support of the club and for your inspiration to the younger generation of race walkers.

A special and well-deserved award was made to John & Joanne McRoberts for all their dedication and assistance to run our road walks meets over a number of seasons. Our meets cannot take place without our volunteers so I would like to take this opportunity to thank each and every one of the volunteers who gave up their Sunday morning to help out on race days. Iggy then present Noela, Maxine and John (on behalf of Joanne) a flower arrangement as a token of appreciation.

That is the season over for another year so see you all in 2022. Let's hope we can get a track season in now.



*Winner are grinners!!
Dane with Jenny and her girls Tully, Siaan & Torryn with their haul.*

RACEWALKING QUEENSLAND

TRACK CHAMPIONSHIP MEDALS 2021

Open Men 5000m

- 1st Ignacio Jimenez
- 2nd Argenis Guevara
- 3rd Peter Bennett

Open Women 5000m

- 1st Brenda Gannon
- 2nd Jennifer Stuckey
- 3rd Noela McKinven

U20 Women 5000m

- 1st Jasmine-Rose McRoberts

U18 Men 5000m

- 1st Sam McCure

U18 Women 5000m

- 1st Summer Millard
- 2nd Torryn Fisher
- 3rd Korey Brady

U16 Women 3000m

- 1st Anika Clarke
- 2nd Rebecca Teahen
- 3rd Lily Goulding

U14 Men 1500m

- 1st Bailey Housden
- 2nd Kai Dale

U14 Women 1500m

- 1st Lyla Williams
- 2nd Natasha Flahey
- 3rd Skye Presland

U12 Men 1500m

- 1st Hunter Sibenaler

U12 Women 1500m

- 1st Maya Barron
- 2nd Siaan Fisher
- 3rd Kiara Waterman

U10 Women 1000m

- 1st Freya Williams
2nd Tully Fisher

CLUB CHAMPIONSHIPS 2021

Open Men

- 1st Ignacio Jimenez
2nd Argenis Guevara
3rd Peter Bennett

Masters Medals

- 1st Patrick Sela

Open Women

- 1st Clara Smith
2nd Brenda Gannon
3rd Nyle Sunderland

Masters Medals

- 1st Jennifer Stuckey
2nd Noela McKinven

U20 Women

- 1st Jasmine-Rose McRoberts

U18 Women

- 1st Summer Millard
2nd Mia Bergh
3rd Torryn Fisher

Virtual Place: 1st Gabriella Hill

U16 Men

- 1st Sam McCure
2nd Alex Bradley

U16 Women

- 1st Aleksia Thomasson

U14 Men

- 1st Bailey Housden
2nd Kai Dale
3rd Korbyn Bricknell-Hewitt

U14 Women

- 1st Lily Goulding

Virtual Place: 1st Lyla Williams
2nd Natasha Flahey

U12 Men

- 1st Hunter Sibenaler

U12 Women

- 1st Siaan Fisher
2nd Kiara Waterman

U10 Women

- 1st Tully Fisher

Virtual Place 1st Freya Williams

HANDICAP TROPHIES 2021

A Grade Men

- 1st Argenis Guevara
2nd Ignacio Jimenez
3rd Peter Bennett

A Grade Women

- 1st Jennifer Stuckey
2nd Noela McKinven
3rd Jasmine-Rose McRoberts

B Grade Men

- 1st Patrick Sela

B Grade Women

1st Korey Brady
2nd Torryn Fisher
3rd Anika Clarke

C Grade Men

1st Kai Dale
2nd Bailey Housden

C Grade Women

1st Lyla Williams
2nd Skye Presland
3rd Makenna Clarke

E Grade Men

1st Hunter Sibenaler

F Grade Women

1st Kiara Waterman
2nd Tully Fisher
3rd Freya Williams

PERPETUAL TROPHIES 2021

U10 Girls Harrison Trophy

U12 GIRLS

U12 BOYS

U14 GIRLS

U14 BOYS

U16 GIRLS

U16 BOYS 5KM

U18 WOMEN 5KM

U20 WOMEN

OPEN MEN 10KM CHAMPIONSHIP

OPEN WOMEN 10KM CHAMPIONSHIP

Tully Fisher

Siaan Fisher

Hunter Sibenaler

Lily Goulding

Bailey Housden

Aleksia Thomasson

Sam McCure

Gabriella Hill

Jasmine-Rose McRoberts

Ignacio Jimenez

Clara Smith



“Twins” Iggy & Dane

Iggy explained that he is often mistaken for Dane when he is out training around the city 😊

RESULTS RESULTS RESULTS

It was a busy weekend for race walking in Queensland. Not only the QRWC Presentation Day but our walkers were in action right across the State in competitions in Townsville, Brisbane and Bundaberg. Well done everyone for getting out and competing when the opportunity arises.

QMA September 25th SAC

5,000 Metre Walk

Juniors

Fisher, Torryn W16 32:34.19 (32:34.20 60.74%)

Masters

Gannon, Brenda 28:36.04 (26:27.34 74.78%)

Woodward, Erika 30:31.58 (25:47.87 76.69%)

McKinven, Noela 39:43.19 (25:44.79 76.84)
Jimenez, Ignacio 24:33.12 (20:35.95 87.19%)
Connolly, Peter 36:27.59 (27:42.57 64.81%)
Sela, Patrick 38:36.97 (24:06.72 74.49%)
Age Graded Times & Percentages in Brackets

North Queensland Championships - 24/09/2021 to 26/09/2021

Townsville Sports Reserve

Girls 800 Metre Race Walk 10yrs

1 Lani Ellwood	10 Emerald	4:34.39
2 Alexis Smith	10 Moranbah	5:22.66
3 Evie Barnard	10 Rural Athlet	6:04.93
4 Jasmyne Graham	10 Mount Isa &	6:07.74
-- Reika Beasley	10 Normanton	DQ
-- Shakira Anderson	10 Normanton	DQ

Boys 800 Metre Race Walk 10yrs

1 Aditya Pattnaik	10 Ross River A	7:40.43
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Girls 1500 Metre Race Walk 11yrs

1 Jamie Percy	11 Mulgrave Ath	13:18.60
2 Krishanty Bynoe	11 Normanton Athlet	15:30.49
3 Tahmia Bee	11 Normanton Athlet	15:35.37
-- Ruby Chester	11 School Base Athlete	DQ

Boys 1500 Metre Race Walk 11yrs

1 Eli Melinz	11 Queensland A	11:29.29
-- Jase Daniels	11 Normanton Athlet	DQ
-- Nathaniel Bee	11 Normanton Athlet	DQ
-- Adriano Rainbow	11 Normanton Athlet	DQ

Women 1500 Metre Race Walk 13yrs

1 Keelah Ross	13 Bowen Athletic Club	11:31.51
2 Keeleigh Muir	13 Bowen Athletic Club	12:10.64

Men 1500 Metre Race Walk 13yrs

1 Kai Dale	13 Gold Coast victory	7:47.30
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Women 35-39 1500 Metre Race Walk 30-49yrs

1 Dash Newington	37 Central Quee	10:07.26
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Men 30-34 1500 Metre Race Walk 30-49yrs

-- Jacob Daniels	33 Normanton Athlet	DQ
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Men 5000 Metre Race Walk U18

1 Jye Spanner	17 Keppel Coast	27:15.23
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Women 5000 Metre Race Walk U20

1 Camryn Novinetz	18 QRWC	26:12.14
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Women 5000 Metre Race Walk Open

1 Eleya Kenza Benzenati	24 QUT	29:02.67
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2021 QLAA Spring Carnival

Bundaberg Regional Athletic Facility September 25th

Girls U9 700 Metre Walk

1 Kanages, Asha	Mt Gravatt Lac	5:14.56
2 Hermiston, Holly	Redlands Lac	5:35.66
3 Ronquillo Bueno, Lara	Caloundra Lac	5:49.22
4 Van Beek, Summer	Glasshouse	5:50.14

Boys U9 700 Metre Walk

1 Wieland, Jaxon	Bargara Lac	5:39.22
2 Suckling, Max	Jimboomba Lac	6:31.61
-- McDonald, Lincoln	Bundaberg Lac	DQ

Girls U10 1,100 Metre Walk

1 Welch, Isabella	Springwood Lac	6:59.91
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2 Vanner, Alexandra	Toowong Harriers	7:39.33
3 Robinson, Tahlia	Glasshouse	8:05.59
4 Hermus, Eliana	Noosa Lac	8:39.72
5 Ing, Amelie	Bargara Lac	8:42.81
6 Murray, Chloe	Helensvale Lac	8:57.09
7 Bauer, Savannah	Bargara Lac	9:35.84
-- Lauritsen, Isabella	Gayndah Lac	DQ

Boys U10 1,100 Metre Walk

1 O'Neill, Leylan	Caloundra Lac	7:36.12
2 Buncuga, Luka	Balmoral Lac	7:42.00
3 Hamilton, Chase	Jimboomba Lac	8:00.64
-- Warmington, Callum	Bargara Lac	DQ

Girls U11 1,100 Metre Walk

1 Waterman, Kiara	Deception Bay Lac	6:59.58
2 McCoombes, Jada	West Bundaberg Lac	7:12.62
3 Sheridan, Grace	Gracemere Lac	7:41.09
4 Habermann, Lakeisha	West Bundaberg Lac	8:10.06

Boys U11 1,100 Metre Walk

1 Sibenaler, Hunter	Algerster Lac	7:04.55
2 Lee, Maxwell	West Bundaberg Lac	8:55.58
-- Ronquillo Bueno, Ruben	Caloundra Lac	DQ

Girls U12 1,500 Metre Walk

1 Bray, Laura	The Gap Lac	8:57.24
2 McDonald, Mikaela	Arana Lac	9:37.49
3 Lucas, Rihanna	Redlands Lac	11:10.72
-- Kororiko, Felicity	Gayndah Lac	DQ

Boys U 12 1,500 Metre Walk

1 Miller, Brock	Strathpine Lac	J0.10
2 Irvine, Koby	West Bundaberg Lac	J11:18.79
3 Hermus, Linden	Noosa Lac	J11:33.63

Girls U13 1,500 Metre Walk

1 Clarke, Makenna	Redlands Lac	J8:02.64
2 Pickvance-Yee, Destinee	Springwood Lac	J0.01
3 Barron, Maya	Mudgeeraba Lac	8:54.95
4 Mackay, Phoenix	Algerster Lac	10:58.17
5 Kororiko, Awhena	Gayndah Lac	12:19.33
-- Cook, Lacey	Maryborough Lac	DQ

Boys U 13 1,500 Metre Walk

1 Kororiko, Tama	Gayndah Lac	9:04.70
2 Hills, Xander	Bargara Lac	9:53.28
3 Eassie, Ryan	Algerster Lac	11:24.73
4 Blair, Xavier	Bundaberg Lac	11:44.41

Girls U14 1,500 Metre Walk

1 Sharpe, Milly	Gladstone Lac	7:58.52
2 Bray, Katie	The Gap Lac	8:43.52
3 Tudor, Anna	Noosa Lac	8:58.70
4 Rea, Georgia	Gin Gin Lac	11:06.81

Boys U14 1,500 Metre Walk

1 Lucas, Jaydon	Redlands Lac	10:38.26
2 Philo, Lachlan F20;T20	Bargara Lac	11:46.67
-- Ellis, Ryan	Maryborough Lac	DQ

Girls U15 1,500 Metre Walk

1 Lucas, Hayley	Redlands Lac	10:00.53
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Boys U 15 1,500 Metre Walk

1 Higham, Tristan	Strathpine Lac	8:51.48
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Girls U17 1,500 Metre Walk

1 Millard, Summer Deception Bay Lac 7:36.95
2 Clarke, Anika Redlands Lac 7:53.00

Track Race Walks Coming Up

Queensland Masters Athletics

Saturday October 2nd

8.00am 3,000m Walk

10.00am 1,500m Walk

Saturday 9 October 9th SAF (Please note: Afternoon Competition)

5.45pm 5,000m Walk

Saturday 16 October 16th QSAC Main Track

8.00am 3,000m Walk

10.00am 1,500m Walk

Wednesday October 20th

7.00pm 2,000m Walk

Wednesday October 27th

7.00pm 3,000m Walk

8.00pm 1,500m Walk

Saturday 6 November 6th

8.00am 3,000m Walk

9.40am 1,500m Walk

Saturday November 13th

8.00am 5,000m Walk

Saturday November 27th

8.00am 3000m Walk

9.45am 1 Mile Walk

Important Information for Masters athletes and Juniors wanting to compete as a Visitor at QMA meets.

All members, visitors and accompanying persons MUST check in at the gate using the Queensland QR code.

QMA members are requested to register and pay ground fees on-line.

Visitors and members unable to register on-line will be able to enter and pay ground fees (\$10 cash) at the track on the morning.

Current singlet numbers must be worn. Visitors will receive a temporary number.

New numbers will be issued later in the season to members who have renewed and new members.

Gold Coast Masters

Sunday October 3rd

8:00am 2,000 metre Walk

Queensland Athletics

QSAC

Saturday October 2nd

1pm 3,000/5,000 metres Walk

QLD All Schools Championships

October 16-17th

Boys and Girls 15yrs to 19yrs

October 30-31st

10yrs to 14yrs

UQ 1,500 metre Classic

UQ Sport Athletics Centre

Wednesday 20 October

5:40pm Girl's 1500m Walk

Boy's 1500m Walk

Entries open on Monday October 4th

2021 Australian Winter Road Walk Championships – **Postponed**

2021 Australian Cross Country Championships – **Cancelled**

AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS AND NATIONAL NITRO SCHOOLS FINAL CANCELLED

Due to the continued challenges surrounding COVID-19, Athletics Australia regrets to advise that the 2021 Australian All Schools Championships and National Nitro Schools Final have been cancelled.

Both events, which collectively attract 1400 secondary school students each year, were due to be held on the first weekend of December in Adelaide, but will no longer take place due to travel restrictions hindering the attendance of participants.

Athletics Australia CEO Peter Bromley said: "It is with much disappointment that we make this announcement, however in this current climate, we have had little choice but to cancel our second consecutive Australian All Schools Championships and National Nitro School Final."

"We'd like to thank schools around the country, along with their students, coaches, teachers and families for their patience and understanding and we look forward to providing more opportunities for students to compete again in 2022."

Athletics Australia would like encourage all individuals to consult with their local GP regarding their eligibility for vaccination.

Queensland Athletics Membership 2021/22

Changes coming up for QA membership for the new season commencing October 1st.

Whilst Base and Platinum remain, we are reintroducing Gold (this used to be called Traditional).

- Base will limit you to 3 Shield meets, and you can't represent Qld at national in-stadia events.
- Gold will allow you all events with a reduced pay-as-you-go fee, and you can represent Qld at national events.
- Platinum remains unchanged - free to all Shield meets and Championships, and you can represent Qld at all national events.

	PLATINUM	GOLD	BASE
FREE ENTRY into all QA Shield Meets	✓	✗	✗
FREE ENTRY into QA Track & Field Championships	✓	✗	✗
FREE ENTRY into QA Walks & Cross Country Champs	✓	✗	✗
Eligible to represent Qld at 2022 Aust Athletics Championships	✓	✓	✗
Discounted entry fees for QA Track & Field competitions	FREE ENTRY	✓	HIGHER ENTRY FEES
Eligible to compete in all QA Track & Field Competitions	✓	✓	MAXIMUM OF 3 MEETS †
Eligible to compete in all QA Cross Country Competitions	✓	✓	✓
Suitable for Club Training & Club Competitions	✓	✓	✓
	\$220 + CLUB FEE	\$110 + CLUB FEE	\$12 + CLUB FEE ^

All membership types will be available when you join a club. If you choose not to join a club, you can only access Base membership.

If you wish to take up no-club Base membership, you are able to upgrade and transfer into a club by emailing your request to transfer@qldathletics.org.au

Membership to all clubs will be open when registrations open to the [2021 Qld All Schools Championships](#) on Monday the 4th of October 2021.

CLUB UNIFORMS – ONLINE SHOP

<https://www.revolutionise.com.au/qldracewalkingclub/> You can now order and pay for club uniforms at the QRWC RevSport portal.

UPDATE to Pre-Loved Uniforms

Contact Jen at qrwcregistrar@gmail.com if you have any questions about the above preloved uniforms .

Pre-Loved Uniforms For Sale

Cross-Back Singlet - \$14



Size – Child 10



Size – Child 8

Pre-Loved Items - Free

Qld Athletics (QA)
Bike Pants
Size - XX Small



Maroon Shorts
Size – Child 8



QRWC memberships for 2021/2022

\$15.00 for students

\$25.00 for non-students

*QRWC fee only, does not include Qld Athletics membership.

Members to go to the page

<https://www.revolutionise.com.au/qldracewalkingclub/registration/> and enter their National ID, Surname and DOB - click RENEW if you have been on RevSport before and the new payment classes will be there to select.

If you have any problems or queries about club membership contact ;

david.brown@qldathletics.org.au or QRWC Registrar Jenny Stuckey

qrwcregistrar@gmail.com

QRWC is a Queensland Athletics - associated track and field club.

The following information is to clear up any of the misunderstandings and misinformation about the QRWC.

As Qld Athletics seasons operate October - September and QRWC seasons operate April - March we offer our members a customised approach:

Join QRWC for \$15 (students) and \$25 (non-students)

here <https://www.revolutionise.com.au/qldracewalkingclub/registration/> - this covers your membership with QRWC/ Race Walking Australia within the April-March period.

As many walkers are also members of another track and field club there is no need to pay for another QA membership fee. If you are not a member of another track and field club and only wish to have membership with QRWC then you can obtain a standalone \$12 Base Membership here <https://www.revolutionise.com.au/qldathleticsbase/registration/> - this covers your membership with QA and provides you with access to QA events within the October-September period.

"Queensland Athletics has no intention of changing the recognition and registration of the Queensland Race Walking Club and any such rumours are completely unfounded." QA CEO David Gynther

Racewalking Queensland Management Committee 2021/22

President: P Bennett

Secretary/Treasurer: N. McKinven

Vice President. I Jimenez

Committee: J Stuckey, S McCure, J-R McRoberts, S Pearson, D Millard, K Martin

Patrons: Patrick & Maxine Sela

Registrar: J Stuckey / C Chadwick

Equipment J McRoberts

Uniforms: J Stuckey

Publicity / Media C Chadwick

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

Jasmine-Rose McRoberts Level 2 Club coach

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>